
Cheat Sheet: 15th Century Italian Dance

Petit Vriens “The Duck Dance”

3 people in a line. 16 pive, first person does 4 pive, others catch up, first person does a double, others catch up, riverenze, double back & forwards, riprese left & right, turn.

Amoroso

Start with 12 Pive. Man goes forwards with S S Pv S S S. Lady catches up with same. Man goes forwards with Pv Pv Pv S. Lady catches up with same. Man goes forwards with S S Pv S S S, turns, both Rv, man goes back with Pv Pv Pv S. Lady does the same. Repeat the whole dance with the lady going first the second time through.

Anello

Four people in a circle. 8 quadernaria forwards, all face in. Men change places, ladies change places, men turn in place, ladies turn, men piva around behind your partner, ladies piva, turn around and go the other way.

Gelosia

Six people. 8 quadernaria steps forwards. First man goes on a walk down the set to the end. 8 pive forwards. 1st couple turn, then second, then third. All change places in 3 steps then change back.

Basse danse: La Spagna

Couples in a line. Rv 2 continenze. 2 singles, 4 doubles, riprese back. 2 singles, 2 doubles, riprese left then right. 2 singles, 2 doubles, riprese turning, riprese back.

Rostiboli Gioioso

Couples scattered about the floor. Riprese left & right, man goes forwards 2 singles, 2 doubles, turn to face, 2 riprese & the man comes back with the same. Lady does the same. 2 Riprese & both go forwards with 2 singles, 3 doubles, & volta del gioioso. Repeat. 16 saltarelli. Finishing section with the man walking away and the lady follows. Repeat the whole dance with the lady going first.

Prexonera

Start with continenze left, right, 3 singles, double, riverenza x 2. Man goes forwards with 2 singles, 2 contrapassi, pause. Lady does the same. 2 singles to meet then two continenze. Repeat the solo section with the lady going first. 8 pive. Movimento, movimento, 4 passiti, and repeat. Finish with 4 saltarelli getting back to positions. Repeat the whole dance with the lady going first the second time through.
