

Il Piantone (Il Ballarino)

The man's introduction

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| 1 - 8 | RvL | The man begins with a long riverenza, doffing his hat, then replacing it. |
| 9 - 12 | PsL PsR | The man walks towards the ladies with two passi. |
| 13 - 16 | SgL | Continue with a Seguito left |
| 17 - 20 | PsR PsL | Continue with two more passi |
| 21 - 24 | SgR | And a seguito right |

Walking passage

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|--------|-----------------|---|
| 1 - 8 | RvL | Facing a lady, perform a riverenza. |
| 9 - 24 | SgL SgR SgL SgR | The man guides the lady onto the dance floor with four seguiti, finishing in a half moon figure with the man and lady standing side by side but angled in towards each other. |

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|---------|-------------|---|
| 1 - 8 | SgL SgR | Together the man and lady do two seguiti flanking backwards |
| 9 - 16 | SgL SgR | And two seguiti turning over the left shoulder, and end up facing each other. |
| 17 - 24 | TbL TbR RvL | The man and lady facing do two trabuchetti and a riverenza. This needs to be done slightly quicker to fit in with the timing of the music, but it is still a fairly slow riverenza. |
| | | At this point the man leaves the lady to find a new partner, and the man returns to his seat. |

The lady's passage

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| 1 - 8 | RvL | The lady begins with a long riverenza. |
| 9 - 12 | PsL PsR | The lady walks towards the men with two passi. |
| 13 - 16 | SgL | Continue with a Seguito left |
| 17 - 20 | PsR PsL | Continue with two more passi |
| 21 - 24 | SgR | And a seguito right |

Continue with the walking passage, in which the lady will lead her new partner onto the dance floor.

Galliard

Caroso lists some galliard variations with this dance, saying that the man can do some of the passages as galliard variations if it appeals to him.

For example, instead of standing still while waiting for the lady to do a riverenza, a few bars of galliard could be danced.