This booklet is based upon the Cynnabar Terpsichore at the Tower 2, May 4, AS XXXII booklet. Many dances have been added and many wildly out of period ones removed. The out of period dances may become available in another booklet on my mundane web page.

This booklet is available on my web page, http://sca.uwaterloo.ca/~praetzel/sca-music.html in both Postscript and Word Perfect 7.0 format.

Check my web page for much more dance & music information. I have a variety of dance music CDs and booklets available at low cost and have friends in the USA and Australia handling distribution.

I can be contacted at praetzel@ece.uwaterloo.ca or 137 Oprington Ct. Kitchener, Ontario, Canada, N2N 3E2

Please contact me with any dance arrangements which are missing or which you dance differently.

Eric Praetzel, http://sca.uwaterloo.ca
Pavannes

Carolingian Pavanne (couples in a line) (Dr. Ingrid Brainard, 20th C)
Left pavanne set forward; Right pavanne set forward
Left pavanne set forward; Right pavanne set backward
Lady circles the man using a left pavanne set and a right pavanne set
Man circles the lady using a left pavanne set and a right pavanne set

Duchess Rondalynn's Pavanne (couples in a line) (SCA Choreography)
Reverance (8 count)
Left pavanne set forward
Tap left wrists almost together twice with partner; tap right wrists twice
Left palms almost touching, switch places with partner in a double
Tap right wrists almost together twice with partner; tap left wrists twice
Right palms almost touching, switch places with partner in a double
Left pavanne set forward; Right pavanne set forward
Brawl apart & together, left single forward, right single forward (2x)
Reverance (8 count)
Galliard step (left single, right single, swing left slowly forward, kick right, left, right, left) (4x)
Left pavanne set; Right pavanne set
Ladies spin out & all quick reverance; Ladies spin back & all quick reverance
Men spin out & all quick reverance; Men spin back & all quick reverance
Tap left wrists almost together twice; tap right wrists twice
Turn right hand palm out & turn CW single
Tap right wrists almost together twice; tap left wrists twice
Turn left hand palm out & turn CCW single
Galliard step (2x)
All spin out & quick reverance; All spin back & move into final reverance (8 count)

Earl of Salisbury Pavanne (couples in a line) (Mabel Dolmetch 20th C)
Left pavanne set forward
Bransle (apart & together): Right double backward
Left pavanne set forward (end facing with hands joined)
Bransle (up the line & back): Right double backward (away from partner)
Left pavanne set forward (move toward partner, pass right shoulders, end back to back)
Right and left single (turning to face partner); Right double backward
Left pavanne set forward (join both hands and turn, switching places)
Bransle (up the line & back, then face front); Right double backward

Entree Courante (couples in a line) (SCA Choreography)
Part A: Sl, Sr, Dr, Dl; Sr, Dr, Dl; Sr, Sl, Dr; Sl, Sl, Dr
Part B (2x): Sl, Sr, Dr; Sr, Sl, Dr; Sr, B, Sr, Sl
Part C: Sl, Sr, Dl; Sr, Dr, Sl; Sl, B, Sr, Sl
Part D: Sl, Sr, Dr; Sr, Sl, Dr; Sr, Sl, Dr
Part E: Sl, Sr, Dr; Sl, Sr, Dr; Sr, B, Sr, Sl

Page 2
Mannschaft Pavanne (4 couples in an improper line)  (Ellen the Fair 20th C)
Reverance (16 counts)
(towards head of the hall) Left pavanne set; Right pavanne set
(with partner) Palm left; Palm right; Palm left and switch places
Palm right; Palm left; Palm right and switch places
(towards back of the hall) Left pavanne set; Right pavanne set
(with 2 couples) Women palm left; Men palm right;
Women palm left and switch places
Men palm right; Women palm left;
Men palm right and switch places
(towards head of the hall) Left pavanne set; Right pavanne set
(with 4 couples) Women palm left; Men palm right;
Women palm left and move forward one place
Men palm right; Women palm left;
Men palm right and move forward one place
(towards back of the hall) Left pavanne set; Right pavanne set
(with 2 couples) Women palm left; Men palm right;
Women palm left and switch places
Men palm right; Women palm left;
Men palm right and switch places
(towards head of the hall) Left pavanne set; Right pavanne set
(with partner) Palm left; Palm right; Palm left and switch places
Palm right; Palm left; Palm right and switch places
Reverance

Steps:
A pavanne single is a step & close. A pavanne double is 3 steps & close.
A pavanne set is two singles and a double, starting either left or right.
A bransle is usually a step apart & together, unless otherwise noted.
Almans (all for couples in a line)  (Dancing in the Inns of Court 1570-1700)

**Black Alman**

4 alman doubles forward, beginning with left (turn to face partner)
Left double backing away from partner; Right double toward partner
(turn to own left) Left double away from partner; (turn around) Right double toward partner
Men step L, step R, circle LRL; Ladies step L, step R, circle LRL (ie set and turn single)
(take hands with partner) Left double switching places; 4 slip steps up the hall
Left double switching places; 4 slip steps down the hall
Left double backing away from partner; Right double toward partner

**Earl of Essex Alman**

(1570 - 1630)
Double left forward; single right back (4x)
Slow single left (3 count); Slow single right (3 count); Double left forward; single right back

**Honeysuckle**

(1605)
Music by Anthony Holborne (1598)
A: SL, SR, DL
SR, SL, DR facing partner
SL sideways, SR sideways
DL circling to face forwards
repeat A starting with SR
B: face partner and holding hands circle clockwise with SL, SR, DL
turn the other way with SR, SL, DR and drop hands
SL back, SR back, DL forward to face partner
DR changing places with partner (passing right shoulders)
repeat B:

**Loryane Alman**

(1570)
4 doubles forward; beginning with left
Double left forward; Double right back; Double left forward; Double right circling away (2x)

**Madam Sosilla’s Alman**

(1570)
(2x) Left single; Right single, Left double, Right single back
(2x) (face partner) Step left, step right, reverence left (4 count)
(switching places) Single left, single right, double left turning to face
Reverance right (2 count), single right, single left, embrace

**New Alman**

(1570)
4 doubles forward; beginning with left (end facing partner)
Step left, Step right, Circle LRL; Step left, Step left, Circle RLR and reverence
Men step left; Ladies step left; All left double forward switching places
Ladies step right; Men step right; All right double forward switching places

**Quadran Pavanne**

(1570 - 1700)
Sideways 2 singles left; Double left forward
Sideways 2 singles right; Double right backward
Possible Variation: first repeat face forward, second repeat face partner

**Queen’s Alman**

(1650 - 1700)
Double left forward; Double right backward (end facing partner)
Step left, Step right, Circle LRL (end facing forward)
Double right forward; Double left backward (end facing partner)
Step right, Step left, Circle RLR (end facing forward)
4 doubles forward; beginning with left

Notations Used

- Up Tails All - Eric Praetzel, Nov. 23, 1996 (Playford)
- Hit and Misse - Eric P., Nov 23, 1996 (Playford) - changed formation to couples facing each other (from in a line??)
- Saint Martins - Eric P., Nov 23/96 - really needs to be cleaned up
- New Boe Peep, Dargason - Eric P Nov 28
- Changed all song titles to use the same style for easy changes - also changed all non-titles to a style type to allow easy changes.
- For printing on 4.25" x 7" pages use 0.3, 1.25, 0.5, 1.5' margins with 8 pt Arial Narrow
- To print on half of a 8.5 x 11 page use 9 pt Arial Narrow
- Amoroso, La Vita di Cholino, Petite Rinense - Eric P: Dec 12
- Add 15th C balli section from Rosina
- Rostboli Gioso, Rosina, Petit Vriens, Pizocara, Mercanti, Colonesse from Rosina
- added trenchmore from Greg Lindal and Dani - Dec 20/96
- added Heralds in Love (from Rosina) - March / 97
- added Branse Ariadn - Dec /97
- added Catena d’Amore (not very good instructions) Feb 98
- added Dance de Cleves from “A Dance Offering” Luanmaise nic Allithir Feb 98
- added Spanish Jepseys (1651 original)
- April/98 corrections from Rosina
- May 9/98 - removed Trenchmore (1722), Country Waltz
- Added clog, candlestick, Double, Single, Gay, Burgundian, Hay, Hermit’s Branisle
- added dates to Playford dances + others where possible
- added Fine Compana, Hyde Park
- removed Chintanta, added shading to index for easier reading July 4, 1998
- removed Russian & Scottish dance sections
- removed Landler
- added very detailed Villanella, Gracca Amorosa, Contentezza d’Amore, Dolce Amoroso Fiamma, AMOR COSTANTE, Gloria D’amore,Cascadora GENTILEZZA D’AMORE,Balletto GRATIA D’AMORE from Urraca
- Yiarte de Gamboa
- removed Price William’s Hey (1731)
- Fixed duplicated Gloria d’Amore, Nov 20, 1998
- Renamed to Ver 1.2 on Nov 20, 1998
- From Cecilia booklets added: Confess, Fain I Would, Fryar and Nun, The Health, Love and a Bottle, Mayden Lane, The Old Mole, Stingo, Jouissance, Milke Mayds, Parson’s Farewell, Vicar’s Alman
- Renamed to Ver 1.3 on March 31, 1999
- Added Twill Hill by Sion on August 10, 1999 - renamed to version 1.4
- John Tailor’s Canon was removed at some point (not period, by Sion, let’s bury it!) - Oct 5/99
- added The Bonny Bonny Broome, Chenly and Merrily, Dull Sir John, The Gun, Hit & Misse, updated Fine Compana & Hit & Misse
- fixed spelling mistakes, updated notes - Feb 2002

PRINT FOLDED ON SHORT EDGE, Booklet style
reformatted for folded 8.5 * 11 page (ie wider & longer pages)
Spanish dance was in the 14th and 15th centuries:
There are two primary sources, Cervera and Tarrago (one 15th C and the other 16th C). These describe basse danses (baixa danza) which are not that dissimilar to the Burgundian dances of the time.

Standard Publications

SCA Publications
Ferris, Elaine. 1980. Dance!.

Vicar's Alman (modern)

Verse 1: 
(Up the hall) Double left, double right. (Partners join both hands with right arm extended) Double right (changing places) (Drop hands) Turn single 1 1/4 times (men over left shoulder, ladies over right) to face down the hall. As much again down the hall.

Chorus 1 
(Face partner. Join both hands) Three slips up the hall, cross kick (men's right foot, ladies left). (Down the hall) Double right, double left. Quick set and reverence.

Verse 2 
(Face own left. Men up the hall. Ladies down the hall) Double left (end with turn over left shoulder to face opposite direction). Double right. Palm left hands around with partner (changing places). Turn single (over right shoulder). Double right, double left. As much again back to places.

Chorus 2 
Same as chorus 1.

Steps:
An alman single is a step & pause, with the foot raised.
An alman double is 3 steps & pause.

Step left or right is a sideways step.
Aridan
Double left, Kick left, right, left (2x)
Double left, single right, single right, single right, Double left, Kick left, Kick right, Double right
Double left R foot crossed at end [double speed], Single right L foot crossed at end
repeat last 2 lines

Burgundian
Double left but finish with the right foot in the air
Double right and finish with the left foot in the air

Candlestick / Torch Bransle (Branle du Chandelier) (random men & women)
The men begin dancing around a woman and then with her. Then the men stop and the women move to find
another partner. The active dancer holds a candle and then passes it to his partner for them to carry onto their next
partner. One variation is for one person to start with a lit candle and then light the candle of their partner and they
both continue to dance with 2 more and light their candles etc. There is no record of how much time is spent
dancing around a partner, with a partner or moving to the next partner!

8 Almain doubles
4 Almain singles

A common way to do this dance is:
1-2 Alman double left forward [step L,R,L, lift right]
3-4 Alman double right forward
5-8 Alman double left forward
7-8 Alman double right forward
1-8 repeat (All the men do this, looking at the women and selecting one)
9 Alman single left forward [step L, lift right]
10 Alman single right forward
11-12 Alman single L, R (do these steps to approach your selected partner)
1-8 repeat the Alman doubles (1-8) together
9-12 Lord reverence to his partner
Repeat with the ladies choosing a partner.

Cassandra (circle)
Double left; Double right (2x)
Double left; Double right; Single Left; Double right (2x)

Charlotte (circle)
A part Double left; Kick LR; Double right (2x)
B part Double left; Kick LR; Single right; Kick LRL; Single Left; Kick RLR; Double right (2x)

Clog (Branle des Sabots)
Double left, double right (2x)
Single left, single right
tap right foot three times
Single left, single right
Tap right foot three times

Double (Common)
Double left, Double right (don’t move all of the way back to the start)

Gay
single left, kick right (leave space between your feet)
bring right foot left and kick left
repeat both of the above lines and pause for 2 beats
Bransles (Arbeau 1589)

**Hay Bransle (Branle de la Haye) (line of 3+ dancers)**
- **A:** SL, SR, DL
- **SR, SL, SR**
- **SL, SR, DL**
- **B:** SL, SR, DL
- **SR, SL, SR**
- **SL, SR, DL**
- **SR, SL, SR**
- **C:** hay in double steps

**Hermits' circle** (miming religious hermits meeting each other)
- **A:** Double left, double right (2x)
- **B:** Kick right, left, right while turning left half way around (facing out)
- **C:** Touch your left foot with your right toe, then right foot with left toe and left with right toe. During the touching cross your arms & bow your head

**Maltese (circle)** *(Period Choreography)*
- Double left; Single right (2x)
- (moving into the circle) slow step left; slow step right; step left; step right; step left; kick right
- (turning and moving out of the circle) step right; kick left; step left; kick right
- (turning to face into the circle) kick left; kick right; kick left; land with feet together

Note: While moving into the circle, you should use gestures. You can use the SCA choreography of swinging the hips and snapping, or others, like bowing to each other, or raising your arms as if praising the heavens.

**Maltese (circle)** *(SCA Choreography)*
- Double left; Double right (2x)
- Move sideways inward (4 counts), snapping fingers; Clap 3 times
- Move sideways outward (4 counts), snapping fingers; Clap 3 times

**Montard** *(line of 4 people side by side)*
- 8 singles left (front person weaves through after first time)
- 1st person turns in 4 kicks; then 2nd person; then 3rd person; then 4th person in 4 kicks;

**Official** *(circle of couples)*
- A part Double left; Double right (2x)
- B part 8 singles left, on 7 and 8, lady leaps to other side of man, man assists

**Pease (circle of couples)**
- Double left; Double right (2x)
- Men hop, Ladies hop; Men hop (3x), Ladies hop; Men hop, Ladies hop (3x)

**Pinagay (circle)**
- Double left; Kick left
- Double left; Kick LRL
- Double left; Double right
Scottish / Scot’s (circle)
Double left; Double right; Single left; Single right (2x)
Double left; Single right; Single left
Double right; Double left; Single right
Kick left; Kick right; Capriole

Single (Simple)
Double left, single right

War (circle)
Double left; Double right (4x)
(fast) Dl, Dr; Sl, Sr, Dl; Sr, Sl, Dr; Sl, Kick LRL, Capriole

Washer Woman’s (circle of couples)
Double left; Double right (2x)
(face partner) Singles left and right (man scolding); Singles left and right (lady scolding)
Double left (clapping); Double right; Double left (clapping); Kick RLR (turning cw); Capriole

Steps:
An bransle single is a step sideways and close.
An bransle double is two singles.
A capriole is a small jump, kicking the feet back and forth

Ornamentation:
Change a single step right with 3 kicks ie Double or Single bransle
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**Burgundian Basse Dances** | Page 9

[Rosina wrote] Ballo is a type of 15th C Italian dance, that can have from 1 to 4 of the 15th C Italian dance tempi (being Piva, Quademaria, Saltarello and Bassadanza.). Bassadanza is a 15th C Italian dance. Bassedance is a 15th C Burgundian dance type, similar to the Bassadanza. The bassedance also appears in one 16th C French source, Arbeau. 16th C Italian dance has lots of types - Canary, Cascarda, things that are referred to as Ballo or Balleto, etc. Generally, late Italian is just lumped together as “Late Italian”, but the 15th C Italian may be separated into “Ballo” and “Bassadanza”. Or they could just be put together under 15th C Italian ... since it’s the same steps, anyhow.

**Casuelle Novelle (couples in a line)**

(Toulouze 1488)

Introduction: Reverance & Branle

Part A: Single left, Single right, 5 Doubles (starting left) (2x)
- 3 Reprise (starting right); Branle left
- Single left, Single right, Double left; Single left, Single right
- 3 Reprise (starting right); Branle left

Part B: Single left, Single right, 3 Doubles (starting left)
- 3 Reprise (starting right); Branle left

**Jouissance vous donneray (line of couples)**

(The Renaissance Dance Book)

Section 1: Basse Danse

Part A (up the hall) Reverance. Branle. Single left, single right. Double left
- Reprise. Double left forward. Reprise. Branle


Section 2: Retour


**La Dance de Cleves (couple)**

(Dr. Ingrid Brainard)

(Toulouze 1488)

R b, ss, d, d backwards

- flowers - men: ss forward, d backward, ss d turning over left shoulder
- women: ss d in a small circle over right shoulder, ss forwrd, d backward

- ss, d, backwards reprise, b

- hearts - ss moving slightly away from each other (the side of the heart), d turning towards each other facing down back at the start of “hearts”
- repeat ss d doing a heart in the other direction and finish at the start again

- ss, ddd, ss, d back, b R

**Steps:**

(s) Single - step lightly and carry through (do not close)

(d) Double - three steps, the first down (knee bent), the second up (on toe), the third flat

(R) Reverance (ladies) - wait 2 counts, on 3 bend knees slightly, on 4 rise and back up

Reverance (men) - move left foot forward, sweep left foot back, shift weight onto back leg with knee bent, straighten back leg back gracefully into standing position

(b) Branle - shift weight slowly to side and back to center

Reprise - sweep foot behind, rock back, forward, & back
**Italian Bassadanza**

(Lorenzo d Medici 1475)

Lauro (couples in a line)

- Single left, Single right; Double left, Double right; Reverance left
- Reprise left, Reprise right; Single left, Single right; Double left
- Reprise right; Continenza right, Continenza left
  (join right hands, circling cw) Single left, Single right, Double left
  (join left hands, circling ccw) Single right, Single left, Double right
- Reprise left, Reprise right; Single left, Single right, 3 Doubles (starting left)
- Volta Tunda; Reverance left

**Steps:**
- Reverance - down onto left knee and back up
- Reprise - step sideways over onto the toe and lower to floor
- Continenza - same as a reprise, but twice as fast
- Volta tunda - two singles, starting with right, turning ccw, moving into a reprise right

**Other Dances**

**Bare Necessities (circle of 4-6 couples)**

(Pat Shaw, 20th C)

- (holding hands with partner) Step out, 2, 3; kick; Step in, 2, 3, kick (x2)
- Men right hand star; Ladies left hand star
- Turn partner with right hand
- Ladies cast off and go around man behind and back to partner
- Meet with right hands and pass; Meet next person with left hands and pass
- Meet next person with left hands; Man turns lady under arm

**John Tallow’s Canon (2 couples in square, partner opposite)**

(Pat Shaw, 20th C)

- adapted by Master Sion

- First couple starts dance; second couple repeats all steps 4 counts later
- Forward and back a double
- Forward (2 counts) and curve around (6 counts), switching places (? pattern)
- Forward and back a double
- Forward (2 counts) and curve around (6 counts), back to original place (? pattern)
- Take right hands and circle cw (8 counts) back to place; Step L & R, and turn single
- Take left hands and circle ccw (8 counts) back to place; Step L & R, and turn single

**Lazy Robin (circle)**

- 6 steps left: Twist hips left; Twist hips right; Turn single
- Stamp in time to music (LRLR,LRL)
- Kick L (toward right); Kick R (toward left) (x2)
- Stamp in time to music (RLRL,RL,R)

**Saltarello la Regina (couples)**

(Lod 1, Geoffre Louarn de Kaermariadec, 20th C)

| Verse 1 | Inside single |
|         | Outside single |
| Chorus  | Inside double; Outside single away from your partner |
|         | Inside single toward your partner; Outside double backward |
- Repeat Verse 1 and Chorus
- Verse 2  Man turns under lady’s arm in 2 inside singles
- Lady turns under man’s arm in 2 inside singles
- Chorus
- Repeat Verse 2, lady turning first, and Chorus
- Verse 3  Man circles around lady in 4 singles
- Repeat Verse 3, lady circling, and Chorus
- Verse 4  The couple joins both hands and turns in a CW circle in 6 singles
- Chorus
- Repeat Verse 4, circling in the opposite direction, and Chorus

**Steps:**
- Single - Step on one foot, hop and land on that same foot.
- Double - Take 3 steps, hop and land on the third foot.
- Inside - Start the step with the foot nearest to your partner.
- Outside - Start the step with the foot furthest from your partner.
Well Hall (couples in a line) (Playford 1679?)

(A) Turn right hands 1 1/2 times around
(A) Cast off to move into second place while (I) move up
(A) Step forward and around to be back to back with partner
(A) Fall back into partner's place
(I) Turn right hands 1 1/2 times around
(I) Cast off to move into second place while (A) move up
(I) Step forward and pivot slightly to be back to back with partner
(I) Fall back into partner's place
(A man and I woman) Switch places
(I man and A woman) Switch places
Take hands four and circle halfway around
All turn single toward hand that is holding partner
(I man and A woman) Switch places
(A man and I woman) Switch places
Take hands four and circle halfway around
(A) break off and cast down the set while (I) pass up the set between them

Note:
Active couples (A) progress down the set, Inactive couples (I), progress up the set. When reaching the end of the set, the couple sits ut one repeat of the dance, and then starts again as the other type of couple

Amoroso (couples) (Anonymous 1470)
8 doubles
Lord: single, single, ornamented double, 3 strutting singles; Lady: same to catch up
Lord: 4 doubles; Lady: same to catch up
Lord: single, single, ornamented double; Lady: same to catch up
2 ct reverence
4 doubles

Note: This dance is to show off your dancing technique. Where it says double do any kind of double you want. Also most people seem to like changing the last Lord, Lady exchange into a heart pattern creation with both doing the steps each time.

Amoroso (couples) [Rosina] (Anonymous French ballo 1470)
12 Pive starting on left foot (12 bars)
Man step left, right, piva left, Man step right, left right; woman the same to catch up
Man piva left, right, left, step right; woman the same to catch up (3.5 bars each)
man step left, right, piva left, step right, left, right, turn to face woman (weight on R foot)
both reverence left facing each other
man returns to place with piva left, right left, step right turning on the step
woman repeats the same going away and returning to her place
On the second repeat the woman can lead the dance.

Note: There are many variations of the music, adapt the dance to them!

Anello (2 couples - one ahead by 4 steps) [Rosina] (Domenico 1450)
Intro. 8 salterelli, on last the first couple turns to form a square
Part 1 Movimenti (men then ladies); men switch places in L & R salterelli
Part 2 Movimenti (men then ladies); men VT (4 steps)
Part 3 Men cast out behind partner and switch places in 4 piva
Part 4 Movimenti (men then ladies); repeat

Repeat with ladies leading

Colonesse (line of 3 couples) [Rosina] (Guglielmo 1460)
16 Saltarelli
-- in 6/4 --
Couple 1 stands still, as
Couple 2 take R hands and circle with SL, SR, DL, take L hands and circle with SR, SL, DR, RevL facing forward, as
Couple 3, holding hands, weaves to top with SL, SR, DL, DR, DL, DR.
Man ends on woman's side and woman on man's side.
Repeat twice more, in new positions, so end as started except switched sides.
-- in 2/4 --
Men circle partner CCW with Piva L, Piva R, Piva L.
Women circle partner CW with Pive R, Piva L, Piva R.
-- in 4/4 --
Men Movi, Women Movi.
DR, back, away from partner. DL, frwd and turning to face front.

Dance is repeated with roles reversed.
Gelosia (3 couples in a line, 3 steps between) [Rosina] (Domenico 1450)

Part 1: 8 saltarello starting left
Part 2: Man 1 piva L, R, L going in front of woman 1 to right of woman 2, reverenza left touching right hand of woman 2
Man 2 double left to join woman 1
Man 1 piva L, R, L going in front of woman 2 ending right of woman 3, then reverenza left touching right hand of woman 3
Man 3 double left to join woman 2
Man 1 saltarello right behind woman 3 end up on her left
Part 3: 8 pive starting left holding hands with new partner
Part 4: couple 1 mezaolta (piva left, CCW) and pause then couple 2 the same, then couple 3
Part 5: men mezaolta left (pivot on left foot in no time, so facing up the hall)
partners take R hands and exchange places with single L, R, L, switch hands
Single R, L, R going back to place, men end last single with mezaolta R facing forwards
Repeat dance twice more till everyone ends up back in place.

Graziosa (couples) (Guglielmo 1450)

--- in 4 ---
Both Ted L, Ted R, Ted L, Lady DR half way around Lady
Both Ted L, Ted R, Ted L, Lady DR back to place on right.
--- in 6 ---
SL, SR, DL, DR, Lord fwd, Lady 1/2 fwd, then back to start
MvR (no time), RipL, RipR, RevL
SL, SR, DL, DR, Lady fwd, Lord meets her, then goes beside.
Hands RipL, RipR, RevL
--- in 4 ---
Circling = take R hands, PivL, PivR, PivL.
L hands, PivR, PivL, PivR.
Men movi, then Woman movi
Both DL Back, DR fwd turning to face same way as started.

Leoncello Vecchio (couples) [Rosina] (Domenico 1450)

Part 1 6 saltarelli
Part 2 Movimenti (Lord then Lady)
Lord moves to right of lady with Saltarello R, turning to face front.
Movimenti (Lady then Lord)
Lady moves to right of lord with Saltarello R, turning to face front.
Part 3 Lord 4 singles and 1 double away from lady; lady does same to join
Lord does 3 quick doubles away; lady does same to join
Part 4 Lord does 2 singles and 2 doubles away; Lady does same to join
(together) Ripresa L and R; 2 Singles 2 Doubles; Ripresa L and R.
Movimenti (Lord then lady)
Repeat dance, roles reversed.

Leoncello Vecchio (couples) (Domenico 1450)

Part 1 6 saltarelli
Part 2 Movimenti (step back then forward, man then lady)
Man moves to right of lady with a left saltarello and turn (slow tempo)
Lady moves to right of man with a left saltarello and turn (slow tempo)
Part 3 Man does 4 singles and 1 double away from lady; lady does same to join
Man does 3 quick doubles away; lady does same to join
Man does 2 singles and 2 doubles away; ady does same to join
Part 4 (together) Bransle left and right; 2 Doubles; Bransle left and right
Movimenti (cross left foot over right, man then lady)
The Welcome Scotsman (three couples in a line) (Dougal MacFinlay, 20th C)

Verse 1 Double forward and back, face your partner set and turn single (2x)
Chorus 1 Top couple cast out into second couples place (2nd couple slides up), Lord reverance, Lady reverance turn by the right hand half way into partners place cast off into 3rd couples place and repeat reverance and turn

Verse 2 side right with partner, set and turn single, side left, set and turn single
Chorus 2 Top two couples double in, take hands, circle clockwise ½ turn, face out, double out and exchange with partner
Bottom two couples repeat the double in/circle/out/exchange

Verse 3 Arm right with partner, set and turn single, arm left, set and turn single
Chorus 3 Top couple double in, slide down to second couple's place, Gypsy turn and double back to place.
Slip down to third couples place and repeat.

Whirlygig (3 couples in a line) (Playford 1651)

Verse 1 Forward and back a double (2x)
Chorus 1A Mushrooms - second couple pass up between first couple, and cast off back to their place; Cross over and go around first couple, passing back through Second couple pass down between third couple, and cast off back to their place Cross over and go around third couple, passing back through to place
Chorus 1B First couple casts off to bottom of set, couples 2 & 3 move up into place (Order of set is now C2, C3, C1) Repeat chorus (parts A & B) until all are back to original place
Verse 2 Side right with your partner; Side left with your partner
Chorus 2A S-Heys - second man arms with first lady; Circular 3 person hey with first man At the same time, second lady arms with third man; Circular 3 person hey with third lady
Chorus 2B Same as Chorus 1B
Repeat chorus (parts A & B) until all are back to original place
Verse 3 Arm right with your partner; Arm left with your partner
Chorus 3A Cast to Stars - Couples 1 & 2 cast up and around to place into right hand star At the same time, couple 3 sets and turns single twice Repeat above, with couples 2 & 3 casting while couple 1 sets & turns twice
Chorus 3B Same as Chorus 1B
Repeat chorus (parts A & B) until all are back to original place

Steps:
Gypsy turn - turn around, like arming, your partner without touching
Doubles - start with left foot, step left, right, left
Set & turn single - step to the left, step to the right, turn over your left shoulder with L, R, L

Dargason (line of women facing line of men) (Playford 1651)

Formation: ... W3 W2 W1 M1 M2 M3 ...
Verse 1 First man and woman side right (4 bars)
Chorus set and turn single, pass each other by the left shoulder (4 bars) each set of couples repeats the dance (ie M1 with W2, W1 with M2) turn around when you are at the end of the line continue to the other end and back to your starting place
Verse 2 First man and woman arm right
Repeat Chorus
Verse 3 Grand right and left hey with hands - first couple passes each other right then the next person with the left hand and continue alternating until turning at both ends and arriving back at your starting place

Female Sailor (couples in a line) (Recueil de Contradances 1706)

(A) Up through line, around outside, and back to place
(A) Down through line, around outside, and back to place
(A) Cross over and down through line, around outside, and into partner's place
(A) (taking both hands) Turn full circle
Marchesana (couples) [Rosina]  

--- in 4 ---

8 saltarelleti
Lord stamp L R L, then DR. Lady same.

--- in 6 ---

Hands, RipL, RipR, drop hands
R hands, circle with SL,SR,DL—drop hands, RipR
L hands, circle with SL,SR,DL—drop hands, RipR
DL, DR furd, passing L shoulders.
Mv (SL, SR), RipL, RipR.

Continenza = L and R. Reverenza

--- in 6 ---

Movimenti (Lord then Lady), Both DL furd
Movimenti (Lady then Lord), Both DR furd.
DL with a leap (L,R,L, leap onto R) turning to end side by side.

Note: This reconstruction is made to fit the music on Mesure et Arte del Danzare. The dance may have to be changed slightly for live music or other recordings.

Mercantia (3 Men (A,B,C) 1 Woman) [Rosina]  

(Woman with A, B behind A, C behind Woman)
11 Saltarelleti.

-- in 4/4 --
B and C separate with 6 MRip.

-- in 6/4 --
Woman DL, turning half way CCW, then A DL, DR, DL.
B goes to Woman with SL, SR, DL, touching her right hand.
B SR, SL, DR back to place and turns around, as Woman Volta del Gioioso
C repeats what B did, Woman also repeating the Volta del Gioioso.
A turns around.
B & C switch places with SaltL, SaltR, and end side by side.

-- in 4/4 --
A SaltL, SaltR, ending behind and to left of Woman,
Woman turns as A RipR. (They end face to face.)

-- in 6/4 --
A & Woman Rev L,
All Continenza Right, Continenza Left.
A & C switch places with SR, SL, DR, as B & Woman Volta del Gioioso.

A is now B, B is C and C is A. Repeat dance twice more.

Pizocara (line of 4 couples) [Rosina]  

--- in 6/8 ---

12 Pive. Men circle partner with 4 Pive, then Women same.

-- in 6/4 --
Men SL, SR, 11 Doubles, weaving through Woman and end to R of partner.
Hold hands. Women Rev L, All Rip L. Drop hands.

-- in 6/8 --
Women do 9 Salt, starting L, weaving through Men, end to R of partner.
Couple 1 separate with 2 MRip, then other couples 4 Pive.
Couple 2 separate with 2 MRip, then Couples 3 & 4 do 4 Pive,
Couple 3 separate with 2 MRip, then Couple 4 does 4 Piva.

Repeat dance, with Couple 4 leading.

Wandering Eye (4 couples in a square)  

music: The Mare of Fanad by Maggie Sanstone

Verse 1
 Couples 1 & 3 - Forward and back a double
Couples 2 & 4 - Forward and back a double
M1/L2 & M3/L4 - Same
M2/L3 & M4/L1 - Same

Chorus 1
 Men Clap, Clap, Step Rt, Turn half around
Women same

Chorus 2
 Side right with partner; Side left with partner

Chorus 3
 Arm right with partner; Arm left with partner

Repeat Chorus 1

Verse 2
 Women right hand star (16 cts)

Repeat Chorus 2
Twit Hill (square for 4) [Use Newcastle]
(M. Sion Andrews o Wynedd, 1991)

Part 1 - A1 Men double forward; meet and fall back. Men set to their own, and set to the other.
A2 Ladies as much
B1 Men arm right with their own and left with the other, falling back to place
B2 Ladies as much

Part 2 - A1 Sides all with your own and fall into their place.
A2 As much with the next
B1 Lead your own out a double and back in the same. Pass through the other couple and turn to face your corner and so honour.
B2 Lead your corner out a double and back in the same. Pass through the other couple and turn to face your partner and so honour.

Part 3 - A1 Arms all with your own and half more on the last and so fall into their place.
A2 As much with the next.
B1 Fall back a double with your own and lead forward the same. Turn your corner by both hands once and a half times round.
B2 Fall back a double with your corner and lead forward the same. Turn your partner by both hands once and a half times round and so end.

Upon a Summer’s Day (3 couples in a line) (Playford 1651)

Verse 1 Forward and back a double; set & turn single (2x)
Chorus Sides go forward and back a double (men and ladies side holding hands)
Top couple goes down the middle, under arch made other couples to bottom while sides slide up
Repeat twice more until all are back to place

Verse 2 Side right; set & turn single; Side left; set & turn single

Repeat Chorus

Verse 3 Arm right; set & turn single; Arm left; set & turn single

Repeat Chorus

Up Tailles All (couples in a circle) (Playford 1651)

Part 1 take hands, forward and back a double, set & turn single (2+)
Part 2 First Cu lead thru the 2nd Cu. cast off and meet within, clap hands and arms. And so forward to the next, the rest following in order.
Part 3 First Cu lead thru the 2nd. cast off and meet within, clap hands all four, hands a crosse all four, and round to your places, and so forward, &c.
Part 4 First Cu Lead thru the 2nd Cu cast off and meet within clap hands all four, and hand round all four to your places, and so forward &c
15th C Italian Balli

Petit Vriens (Petit Rinense) (Three dancers, A,B,C) [Rosina] (Anonymous 1470)

-- in 6/8 --

16 Pive. A 4 Pive, then B 4 Pive to catch up, then C 4 Pive.
-- danced to as if in 4/4, music is in 6 ---

A DL, B DL, C DL.
A Rev. B Rev, C Rev. (B & C start before last person finished ie a "wave"). All Rev.
DL backwards and seperating, DR fwd together.
RipL, RipR, DL in a circle (or can Set & Turn)

Rosina (3 people) [Rosina - adaption] (Guglielmo 1470)

Center = one gender, Sides = other
4 verses in 4/4
1 DL, DR, turn and return to place with DL, DR, turn.
Center SL, SR, SL, DR, SR, turn at end.
2 All do DL, DR, turn to face and RipL, RipR
CCW circle = DL halfway, then RipR other half. ConL, ConR, ConL, ConR.
3 SL, SR, DL fwd, DR backward, RevL
CCW circle = DL halfway, then RipR other half. ConL, ConR, ConL, ConR.
4 Center and Side to their R = take R hands and circle with 4 Pive,
Center and other Side take L hands and circle with 4 Pive,
Hey with 8 Pive. Center and Side to their R start by passing R shoulders

Rositboli Gioioso (one couple) [Rosina] (Domenico 1460)

-- in 6/4 --
RipL, RipR, Man SL, SR, DL, DR, and turns to face partner,
Both RipL, RipR, Man returns with same steps and turns
Repeat, the woman leaving and returning
-- in 6/8 ---
16 Saltarelle
-- danced to as if in 4/4 --
Man Mov, Woman Mov, Man DL, Woman Mov, Man Mov, Man DL. Repeat.

La Vita di Cholino (one woman, two men) [Rosina] (Giovannino @1500)

Simplified version. Woman in the middle, all holding hands

Verse 1: Con L, Con R
SL, SR, Women forward, Men backward. Woman turns at end.
(Now in a triangle) Rip L, Rip R.
Chorus: Woman and man on her right (Man 1 this time) reverenza left
Woman and Man 2 reverenza right
all voltatonda (DR, clockwise)

Verse 2: Woman and Man 1 take right hands and circle each other with DL, DR,
Woman and Man 2 do the same with left hands

Chorus: as before

Verse 3: DL, DR, woman passing through the middle of the men.
All turn to face and ripresa left & right

Chorus: Man 2 will reverenza first

Verse 4: DL, DR, DL zigzagging. Turn to face others, DR together.

Chorus: (Touch hands while reverencing.)

Verse 5: 8 Pive doing a hey for three, Woman and Man 1 start by passing right
Chorus: Reverence as before, but men do their DR forward, turning at the end, so the woman is in the center.

English Country

Trenchmore [Dani Zweig] (Playford 1653)

Lead up all a D. forward and back 3. times, cast off, meet below and come up, do so 3. times: First Cu. go down under the 2. Cu. arms, the 3. come up under the first, do this forward and back twice or thrice.

First man set to the 2. Wo. then to his own, then to the 3. Wo. then to his own, then to the 4. Wo. then to his own, and so to all the Wo. and men, then your Wo. do the same: then arm them as you set to them arming your Wo. then your Wo. as much.

Lead up again, then turn your Wo. with your right hand, and the 2. with your left, your Wo. falling as you turn, till you come up to your place, then your Wo. do the same, you following her, the rest doing these changes.

Timweydd Jigg (two couples facing) (Dougal MacFinlay, 20th C)

Music - Lavena

Verse 1 Double toward each other and back (2x)
Chorus 1 Men cross by right shoulders, then ladies by right shoulders
Verse 2 Side right then left
Chorus 2 Men case out over the partner to the other Lords place while the lades arm right half way to each others place
Verse 3 Arm right then left
Chorus 3 Men do-si-do then ladies 4 counts behind the men, quick reverence (this has been called the "Death Spiral" because everyone spirals in and out)
Verse 4 All take hands and double in then out (2x)
Chorus 4 Face your partner and do a hey for 4 back to place

Tracks of the Wolf (Longways and circle for 4 couples) (Michaela, 20th C)

Music: Goddesses

Part 1: Start with line of couples facing partner (4 count intro)
4-count reverence
Double forward, passing partner by rt shoulders
Single forward
2-count turn to face partner
Double forward, passing partner by lt shoulders
4-count turn to face partner, take right hands
8-count reverence
(32 cts total)

Part 2: C1 (top of line): turn and face down line (4 cts)
C2: move to women's side and face line (4 cts)
C3: move to men's side and face line (4 cts)
C4: move forward, completing a square of couples (4 cts)

Part 3: Side Rt & Lt w/ partner (16 cts)
Set and turn , end facing corner (8 cts)
Side Rt & Lt w/ corner (16 cts)
Set and turn , end side by side w/ partner facing center (8 cts)

Part 4: C1 & C4: Move to center (4 cts)

Part 5: Repeat Part 3 using arming (48 cts)

Part 6: Repeat Part 4 switching couple directions (16 cts)

Part 7: Women form right hand star
Move halfway around circle to opposite (4 cts total)
Women extend left hand to opposite's left, turn under man's arm while walking behind him (4 cts)
Women form right hand star
Move halfway around circle to partner (4 cts total)
Repeat Chorus

Skellemesago (4 couples longways set) [Robynne the Grey, 1993] (Playford 1651)
Verse 1 Up and double and back, set and turn (2x)
Chorus 1 while 2nd couple moves up into 1st place, 1st couple arms right once and half into 2nd couple's place
1st and 2nd couples set to each other, 1st couple changes positions with one another
repeat until everyone is back to place (ie 2nd with 3rd then 1st with 2nd while 3rd with 4th, etc)
Verse 2 Sides all, set and turn single (2x)
Chorus 2 1st and 2nd couple up into 1st place, 1st takes 2 hands and slips between 2nd couple then turns left half way
1st man & 2nd woman a 2 hand left turn, whilst 1 st woman and 2nd man the same
1st couple two hand turn left half way
repeat until all are back to place
Verse 3 Arm right, set and turn, repeat arming left
Chorus 3 1st and 2nd couple right hand across star once, 1st wo and 2nd man release hands while other
couple pulls thru, 1st wo and 2nd man pull thru, both couples take partners left hand and pull thru
repeat until all are back to place

The Spanish Jeepsie (longways for 8) (Playford 1651)
Part 1 Lead up forwards and back.  That again.
turn all back to back, faces again, go all about your We. not turning your faces.
That againe the tother way
First and last Cu. meet a D. back again, turn all back to back, faces again,
go about each other not turning your faces, the other way as much
The other four as much.
Part 2 Sides all. That again.
turn back to back, faces again, go about your own as before
First and last Cu. meet and go back, turn back to back, faces again,
Take hands and go round, back again.
Then the other four as much.
Part 3 Armes all. that again
turn back to back, faces again, go about your own as before
First and last Cu. meet, back again, turn back to back, faces again,
right hands a crosse and goe round, then left round.
Then the other foure as much.

Stingo (line of 3 couples) (Playford 1651)
Verse 1 Each side double back, meet a double. Lead a double up the hall and back.
That again the other way.
First and last Cu. meet a D. back again, turn all back to back, faces again,
go about each other not turning your faces, the other way as much
The other four as much.
Verse 2 Men right star around, set and turn. Ladies as much with a left hand star.
Chorus 1 Double forward and back, set and turn single. As much to the right.
Chorus 2 Arm right then left.
Chorus 3 Couple 1 cross and set to couple 2, the set to couple 3. Go to places on the outside of couple 2.
Couple 1 cut off (falling short) to places, turn partner, then cast off to third place.

Trenchmore (longways set of couples) [Greg Lindahl] (Playford 1653)
Up a double and back, two times. The first couple casts off and lead down the outside, followed by everyone else,
back to place.

Arched hey: All take hands, the first couple faces down, and goes under an arch made by the second couple,
then over the third couple, and so forth all the way down and back, followed by all the other couples. When
each couple reaches the end they turn around.

First couple turns by the right in the center, then by the left with the twos, then by the right in the center, and so
on down the entire line.

Steps for 15th C Italian Dance
S = Sempio or Single = step forward on foot given. Half bar.
D = Doppio or Double = 3 steps forward.
in 4/4 = Step, step, step, pause
in 2/4 = Step, step, stop, pause
Salt = Saltarello = 3 steps and hop. Put hop where pause is in doppio.
Ted = Saltarello Tedesco = 3 steps and MezaRipresa (step to side, then put other foot under first foot.) As
doppio in 4/4 doing MezaRipresa on 4th beat.
Piva = 3 steps, the 2nd cutting under first (ie place it under heel)
in 4/4 = Step cut step pause,
in 2/4 = step cut step pause,
Con = Continenza = Shift weight to side, with bit of rise. Half bar.
Rip = Ripresa = Step to side, cut (put other foot under first), step to first side again.
in 2/4 = step, cut, step, pause.
in 4/4 = step, cut, step, pause.
MRip = Meza Ripresa = Step to side, cut (put other foot under first)
in 2/4 or 4/4 = step, pause, cut, pause.
in 2/4 or 4/4 = step, cut, step, pause.
Rev = Reverenza = Kneel on knee given.
Movi = Movimento = Rise on both toes, directing attention at partner.
MV = Mezavolta = half turn. If not specified, it is a pivot in no time.
VT = Volta tonda. The steps will usually be specified in brackets after, or presume it is a Volta del Gioioso.
VoG = Volta del Gioioso = A small circle counterclockwise, done with 2 sempii and a MV with a ripresa. Takes
takes 2 bars in 6/4, as follows:
SR doing quarter turn CCW, SL doing quarter turn CCW,
MV (half turn CCW) in no time, pivot on L foot) and Ripresa R.
Amor Costante [Mistress Urracca]
(Caroso, p. 26)

The third verse in the original text is obviously incomplete. Angene Feves seems to have dealt with this problem by putting the partial third verse and the fourth verse into one verse. The music at that point gets odd. This is my best guess at what she may have intended.

A 1-4 Riverenza
5-8 Continenza left & right facing, NOT holding hands
A 1-2 Step left & right man steps forward/lady steps backward
3-4 Seguito Ordinario left
5-6 Step right & left lady steps forward/man steps backward
7-8 Seguito Ordinario right
C 1-2 Trabuchetto left & right taking right hands
3-4 2 Riprese left
5-6 Trabuchetto right & left taking left hands
7-8 2 Riprese right
D 1-4 2 Seguiti Ordinarii lady circles to her left/man flankingly forward
5-8 Riverenza taking ordinary hands

A 1-4 Puntata left & right progressing (drop hands at end)
5-8 Seguito Ordinario left & right
A 1-2 Seguito Ordinario left & right turning over left shoulder
C 1-2 Trabuchetto left & right
3-4 Seguito Ordinario left flankingly
5-6 Trabuchetto right & left
7-8 Seguito Ordinario right flankingly
D 1-4 Seguito Ordinario left & right turning over left shoulder
5-8 Riverenza facing

A 1-2 Step left & right taking right hands & circling
3-4 Seguito Ordinario left (drop hands at end)
5-6 Step right & left turning over left shoulder
7-8 Seguito Ordinario right

A 1-2 Step left & right taking left hands & circling
3-4 Seguito Ordinario left (drop hands at end)
5-6 Step right & left turning over right shoulder
7-8 Seguito Ordinario right

C 1-2 Trabuchetto left & right
3-4 Seguito Ordinario left
5-6 Trabuchetto right & left
7-8 Seguito Ordinario right
D 1 Step left
2-4 Riverenza right taking right hands
5 Step right
6-8 Riverenza left taking left hands

Sciolta in saltarello
beats steps figure
A 1-2 Spezzato left & right taking right arms & trading places
3-4 Spezzato left & right drop hands & turn over left shoulder, separating
5-8 4 Spezzati flankingly forward
B 1-2 Spezzato left & right taking left arms & trading places
3-4 Spezzato left & right drop hands & turn over right shoulder, separating
5-8 4 Spezzati flankingly forward
C 1-2 Trabuchetto left & right
3-4 Seguito Ordinario left
5-6 Trabuchetto right & left
7-8 Seguito Ordinario right flankingly
D 1-2 Spezzato left & right the man goes backwards/the lady circles to her left

English Country
(Saint Martin's (Playford 1651))

Saint Martins
(Playford 1651)

Double up (4 cts)
Two slip steps left, two slip steps right (4 cts)
Men turn single left, women turn single right (4 cts)
Double back (4 cts)

Double up (4 cts), Exchange places with contrary (4 cts)
Set and turn single (8 cts)
Men double back, Women turn single
Men cross over taking left hands (4 cts), Turn the contrary with right hand (4 cts)
Women double back, Men turn single
Women cross over taking right hands, turn your own (4 cts)
double up, Change places, set and turn single
That again (16 cts) from ???

Men double up to meet, Women double up to meet
Hands all, slips half way round clockwise and turn single (8 cts)
Women meet, Men meet
hands all, slips half way round clockwise and turn single

Double up, Take hands with contrary, two slips left, Two slips right
Men cast off and return to place, Women as much
Men cast off and return to place, Women as much
Double back, Change places with your own
Men switch, Men back into place
Women switch, Women back into place

Men reverence and then women reverence (8 cts)
Right hand star (8 cts)
Women reverence and then Men reverence
½ left hand star (4 cts)
All reverence

Scotch Cap (3 couples in a line)
(Playford 1651)

Verse 1 Forward and back a double (2x)
Chorus 1 Ladies 1 & 2 back up; Men 2 & 3 back up; Those 4 switch; other 2 switch
Set & turn single
Return to place
That again (16 cts)

Same men back up; Same ladies back up; Those 4 switch; other 2 switch
Ends back a double & forward; Arm left (with own partner)
Ends back a double & forward; Arm right (ladies 1 & 3, couple 2, men 1 & 3)

Men back up a double while women go forward and clap
Return to place (facing partner) Set & turn single
Women back up a double while men go forward and clap
Return to place (facing partner) Set & turn single

Verse 2 Sides go back a double & forward; Arm right (ladies 1 & 3), couple 2, men 1 & 3
Ends back a double & forward; Arm left (with own partner)
Ends back a double & forward; Arm right (ladies 1 & 3, couple 2, men 1 & 3)

Verse 3 Arm right with your partner; Arm left with your partner
Chorus 2 Men slip up 4 while ladies slip down 4; Give right and left hands back to place
Ladies slip up 4 while men slip down 4; Give left and right hands back to place

Verse 3 Men slip up 4 while ladies slip down 4; Give right and left hands back to place
Ladies slip up 4 while men slip down 4; Give left and right hands back to place

Sellinger’s Round (couples in a circle)
(Playford 1670)

Verse 1 Slide left 8 counts; slide right 8 counts
Chorus Men back up a double while women go forward and clap
Return to place (facing partner) Set & turn single
Women back up a double while men go forward and clap
Return to place (facing partner) Set & turn single

Verse 2 Double in and out (2x)
Repeat Chorus
Verse 3 Side right with your partner; Side left with your partner
Repeat Chorus
Verse 4 Arm right with your partner; Arm left with your partner

Sellinger’s Round (couples in a circle)
(Playford 1670)
Parson's Farewell (2 couples facing) (Playford 1651)
Verse 1 (Partners join hands) Meet a double. (Join both hands with contrary) Four slips apart. Double back, four slips together (to places).
Chorus 1 Men rise once. Ladies rise once. All rise 4 times. Turn contrary (by both hands). Ladies rise, men rise. All rise 4 times. Turn contrary.
Verse 2 (Partners join hands) Meet a double. Lead a double away with contrary. (Change hands) Meet a double. Double back with partner.
Chorus 2 Men cross with right hands. Cross left hands with contrary. Men cross with right hands. Cross left hands with partner. Ladies as much, except starting with left hands.
Verse 3 (Partners join both hands) Four slips into center. (Join both hands with contrary) Four slips away with contrary. Four slips into center (Partners join hands) Four slips to places.
Chorus 3 Turn partner (by right hands). Men change places (passing left shoulders). Pass contrary (by right shoulders). Turn partner (both hands). Ladies as much except beginning with left hand.

Verse 2 (Partners join hands) Meet a double. Lead a double away with contrary. (Change hands) Meet a double. Double back with partner. 

Chorus 1 Men rise once. Ladies rise once. All rise 4 times. Turn contrary (by both hands). Ladies rise, men rise. All rise 4 times. Turn contrary.
Verse 2 (Partners join hands) Meet a double. Lead a double away with contrary. (Change hands) Meet a double. Double back with partner.

Chorus 2 Men cross with right hands. Cross left hands with contrary. Men cross with right hands. Cross left hands with partner. Ladies as much, except starting with left hands.
Verse 3 (Partners join both hands) Four slips into center. (Join both hands with contrary) Four slips away with contrary. Four slips into center (Partners join hands) Four slips to places.
Chorus 3 Turn partner (by right hands). Men change places (passing left shoulders). Pass contrary (by right shoulders). Turn partner (both hands). Ladies as much except beginning with left hand.

Verse 3 (Partners join both hands) Four slips into center. (Join both hands with contrary) Four slips away with contrary. Four slips into center (Partners join hands) Four slips to places.
Chorus 3 Turn partner (by right hands). Men change places (passing left shoulders). Pass contrary (by right shoulders). Turn partner (both hands). Ladies as much except beginning with left hand.

Picking of Sticks (3 couples in a line) (Playford 1651)
Verse 1 Forward and back a double (2x)
Chorus 1 Top L person switches back to back with second R person, then third L person
All forward and back a double
Top R person switches back to back with second L person, then third R person
All forward and back a double
Repeat above until back to place
Verse 2 Side right with your partner; Side left with your partner
Chorus 2 Couple 1 slips between couple 2 as they move up, then couple 2 slips between
Couple 1 (2x); meanwhile, couple 3 crosses and slips around couple 1 & 2
Repeat above with couples 2 & 3 slipping while couple 1 slips around
Verse 3 Arm right with your partner; Arm left with your partner
Chorus 3 Sheepskin Hey - Men weave through ladies; as last man passes second lady, he cuts around to take the lead; Each man cuts once, and then pass behind the ladies and back to place
Repeat above with ladies weaving between men

The Return of Spring (3 couples in a line) (Chor. Mistress Elisaf Flakkari, 20th C)
Verse 1 Forward and back a double, set and turn (2x)
Chorus 1 Hey for four (1s start) (2x)
Verse 2 Side Rt, set and turn, Side Lt
Chorus 2 Same as Chorus 1
Verse 3 Arm Rt, set and turn, Arm Lt
Chorus 3 Same as Chorus 1

Rufty Tufty (2 couples facing) (Playford 1651)
Verse 1 Forward and back a double (2x)
Chorus (facing partner) Set & turn single (2x)
Repeat Chorus
Verse 2 Side right with your partner; Side left with your corner
Reapeat Chorus
Verse 3 Arm right with your partner; Arm left with your corner
Repeat Chorus

Bizzarria d'Amore (2 Couples facing) (Negri 1602)
Verse 1 Lords: 4 ct Reverence, Contenenza L & R; Ladies: Same
Chorus Hop, Hop, "Charleston" Right
Hop, Hop, "Charleston" Left
2 Spezzati (L & R) backward at 45 deg. to right
Ordinario forward to place
2 Spezzati (R & L) backward at 45 deg. to left
Ordinario forward to place
Verse 2 Lords: Exchange places (passing Rt shoulders) in
2 Spezzati and an ordinario
Counter circle in 2 Spezzati and an ordinari
Ladies: Same passing lt shoulders
Repeat Chorus
Verse 3 Circle w/ partner (rt hands) in 2 ordinari
Counter circle in 2 ordinario
Circle w/ corner (lt hands) in 2 ordinari
Counter circle in 2 ordinario
Repeat Chorus
Verse 4 Lords: Exchange places (Holding Rt hands) in
2 Spezzati and an ordinato
Counter circle in 2 Spezzati and an ordinario
Ladies: Same holding left hands
Repeat Chorus
Verse 5 Exchange place w/ partner (Rt hands) in 1 ordinario
Exchange place w/ partner (Lt hands) in 1 ordinario
Counter circle in 2 ordinario
Exchange place w/ corner (Lt hands) in 1 ordinario
Exchange place w/ corner (Rt hands) in 1 ordinario
Counter circle in 2 ordinario
Repeat Chorus
Verse 6 Circle w/ partner (rt hands) in 2 ordinari
Grand right and left (starting w/ left to corner) in 4 ordinari
Circle w/ corner (lt hands) in 2 ordinari
Repeat Chorus

Catena d'Amore [Sion Andreas o Wynedd, 1997] Cesare Negri
Opening honours
Lead up the set
lead down the set
Haye all the way through the set (long)
Chicken in the middle, round man and then woman, dancers progressing down the set (so as to invert)
Three person circle, round woman and then man, the figure passing up the set
Lead off to circle then snail shell
Weave the chain
Unweave the chain (end in a set again)
Men and women to offsides.
Couples circle and lead through.
Honour.
**16th C. Italian Dances**

**Contenutezza d'Amore (couples)** [Sion Andreas] (Caroso)

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**On the Banks of the Helicon** (3 couples in a line) (Dafydd Arth, 20th C)

**Verse 1** Double forward (toward head of hall).
- Turn simple (away from partner - mirroring effect.)
- Fall back a double.
- That much again.

**Chorus** Reel, or half-s-hye: lord 2 walks between lord 1 & lady 1, around lady 1, to partner's place. lady 1 waits until lord 2 has passed between her and lord 1, then walks between the two lords and curves her path into her partner's place. Lord 1 waits until both the others have passed through, then passes between and curves his path into his partner's place. (It may feel to him as if he is merely walking a curve rather than passing between, but it works.)
- Meanwhile, lady 2 does the same with lord 3 & lady 3, after the first half-s-hye, each person should be in their partner's original position. (All that is in 8 cts.)
- Do another half-s-hye, this time lady 2 w/couple 1 and lord 2 w/couple 3.
- Each dancer should wind up in his or her own original position in the set (taking another 8 counts.)
- Now couple 1 begin a progression to the bottom of the set by:
  - Giving R hands to each other and half-turn (4 cts)
  - Give L hands to next couple & half-turn (4 cts)
  - Give R hands to third couple & half-turn (4 cts)
  - Give L hands to each other and switch back proper. (Note that it's not a grand R&L...when couple 2 reaches the top of the set, they simply stop, rather than giving hands to one another and crossing over to continue the figure.)
- The former couple 1 is now couple 3, with Couples 2 & 3 becoming 1 & 2.

**Verse 2** Double forward (toward partner) to meet right shoulders, as in sidng.
- (All dancers should be in a straight line across the set at this point.)
  - Turn simple (away from partner), then fall back a double to place.
  - Do all that again, this time meeting left shoulders instead of right.

**Repeat Chorus**

**Verse 3** Give R arm to partner & turn half-way round (4 cts.)
- Turn simple to L.
- Take R arms w/partner again & turn half-way round to place (4 cts.)
- (The turn simple also takes 4 cts... 12 cts. total)
- Give L arm to partner & turn half-way (4 cts)
- Turn simple to R (4 cts)
- Take L arms w/partner again & turn half-way to place (4 cts.)

**Repeat Chorus**

**Oranges and Lemons** (4 couples in a square) (Playford 1666)

**Verse 1** Forward and Back a double.

**Chorus 1** Men: Quick reverence to partner; Quick reverence to corner
- Join hands and circle halfway around
- Ladies: Quick reverence to partner; Quick reverence to corner
- Join hands and circle halfway around

**Verse 2** Partners side right and left

**Chorus 2** Partners join right hands and each step to own right
- Partners join left hands and each step to own left
- Grand right and left, starting with right to partner
- Every second person repeat until back to original place

**Verse 3** Partners arm right and left
- (Couple 1 moves quickly to face Couple 2: Couple 3 moves quickly to face Couple 4)

**Chorus 3** Quick reverence to other couple; Quick reverence to partner
- Each pair of couples circle halfway to the left
- Couple 2 quickly backs into the 3rd place, couple 1 following.
- At the same time, Couple 4 quickly backs into the 1st place, couple 3 following
- Repeat this pattern until everyone returns to their places
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Ver 3
Arm right; Arm left; 3 slips to own left & back; 3 slips to own right & back
Chorus 3
Break the line with a double back to own side (one at a time as before)
End
Grand right & left, starting with top couple

Newcastle (4 couples in a circle) (Playford 1651)

Ver 1
In and out a double; Set to partner; Set to next (past partner) (2x)
Chorus 1
Arm right with partner; Men into center star as ladies circle (12 count)
Arm right with partner; Ladies into center star as men circle (12 count)
Ver 2
Side right and left with partner; Pass by on right
Side right and left with next; Pass by on left
Chorus 2
Heads couples (with each other's partner) forward & back a double
Heads make an arch; Sides cast behind, through arch, and back to place
Sides couples (with each other's partner) forward & back a double
Sides make an arch; Heads cast behind, through arch, and back to place
Ver 3
Arm right and left with current partner; Pass by on right
Arm right and left with next; Pass by on left (back to original place)
Chorus 3
Back a double into a line of 4 along sides of set (heads split and join sides)
Forward a double; Half turn with opposite
Back a double into a line of 4 along ends of set (sides split and join heads)
Forward a double; Half turn with opposite (back to original place)

The Old Mole (line of 3 couples) (Playford 1651)

Ver 1
Up a double and back. Set and turn single. (2x)
Chorus 1
Man 1 & lady 3 meet a double, double back. Meet a double and change places.
Lady 1 & man 3 do as much. Couple 2 as much.
Ver 2
Ladies 1 & 2 join hands, double forward to man 1, double back, man 1 go under arch into 3rd place. Meanwhile men 2 & 3 as much with lady 3.
Man 1 & lady 2 as much with man 3; while man 2 & lady 3 as much with lady 1.
Lady 1 & man 2 as much with man 1; while lady 2 & man 3 as much with lady 3.
Men 1 & 2 as much with man 3; while ladies 2 & 3 as much with lady 1.
Chorus 2
Same as chorus 1.
Ver 3
Each side join hands, meet a double. Couples 1 & 3 double back. Men 1 & 3 turn each other; while ladies 1 & 3 as much, and couple 2 as much.
Men 1 & 3 side left; while ladies 1 & 3 as much, and couple 2 as much. Turn partner.
Lady hay. Men hay.
Chorus 3
All a double hay. Cast off to places, following couple 1. Cast off again, following couple 3.

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Dolce Amoroso Fiamma (longways set for 3 couples) (Caroso, p. 174.)

Dolcezze d'Amore (couples in a line) (SCA Choreography)

Ver 1
Reverance; Continenza L & R
Slow single L; Slow single R; 2 doubles (starting with L)
Continenza L & R; Double L (turning cow)
Continenza R & L; Double R (turning cow)
Chorus
Singles L & R, moving in a chevron pattern, switching places with partner
All turn ccw in 1 Double
Reprise L (left shoulder out); Reprise R (right shoulder out)
Men stamp left foot (brush forward, back, and stamp); Ladies stamp left foot
2 Spezatì forward (beginning with L)
Repeat entire chorus
Ladies stamp right foot (as above); Men stamp right foot
Verse 2
Men's Solo - 4 Spezatì around lady
Corinto L & R
Repeat Chorus
Verse 3
Ladies's Solo - Same as Men's Solo
Repeat Chorus
Verse 4
(taking right hands) 4 Spezatì (starting with L), circling ccw
(taking left hands) 4 Spezatì (starting with R), circling ccw
(taking both hands) Corinto L (circling ccw); Corinto R (circling ccw)
(dropping hands) Corinto L & R
Repeat Chorus, but with the final foot stamp replaced with a reverence

Dolce Amoroso Fiamma (longways set for 3 couples)

Dolcezze d'Amore (couples in a line)

adaption of Dolce Amoroso Fuoco (16th C) by Mistress Urracca

Simplified The main difference is in the solos. Instead of a fancy men's solo, both sexes do the women's solo, with the addition of two continenze and a riverenza to enhance the symmetry with the other verses.

beats steps figure
1-4 Riverenza holding ordinary hands
5-8 Continenza left & right *
9-12 SeguitordiOrdinario left & right progressing, end in 1/2riverenza
13-16 2 SeguitiScorsi touching right hands, trading places & curling to the left
17-20 SeguitordiOrdinario left & right progressing, end in 1/2riverenza
21-24 2 SeguitiScorsi touching left hands, trading places & curling to the right
25-28 Continenza left & right facing (not holding hands)
29-32 Riverenza

1-2 SeguitoSpezzato left & right men solo, flankingly forward, facing partner
3-4 Trabuchetto (LRL) *
5-6 SeguitoSpezzato right & left * flankingly backward, facing partner
7-8 Trabuchetto (RLR)
9-12 Continenza left & right * facing (not holding hands)
13-16 Riverenza
17-18 SeguitoSpezzato left & right women solo, flankingly forward, facing partner
19-20 Trabuchetto (LRL)
21-22 SeguitoSpezzato right & left * flankingly backward, facing partner
23-24 Trabuchetto (RLR)
25-28 Continenza left & right * facing (not holding hands)
29-32 Riverenza

1-16 8 SeguitiOrdinari circular hey, starts with top couple taking right hands
17-20 Riverenza men solo
21-24 Riverenza women solo
25-28 SeguitoOrdinario left & right everyone, turning in place over left shoulder
29-32 Riverenza everyone, taking ordinary hands, facing the Presence
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Maid Peeped Out the Window (4 couples in a line) (Playford 1651)
Verse 1  Forward and back a double (2x)
Chorus 1 Couple 1 casts off and lead to bottom (reversing line); Set & turn single
Verse 2  Side right with your partner; Side left with your partner
Chorus 2 All slide across at a left diagonal; Double into partners place; Set & turn single
Verse 3  Arm right with your partner; Arm left with your partner
Chorus 3 Men 1 & 3 push ladies 2 & 4 out, around, and across into men's place
      Men 2 & 4 push ladies 1 & 3 into men's place; Set & turn single
      Repeat above, pushing ladies back into own place; Set & turn single

Mayden Lane (3 couples in a line) (Playford 1651)
Verse 1  Lead a double up the hall, double back. (2x)
Chorus 1 Four slips left, then right. Each side half a standard hay forming an inverted set.
      Set and turn single. (2x)
Verse 2  Side right, side left.
Chorus 2 Double back (small steps), double forward changing places (pass right shoulders). Again to places.
      Set and turn single. Again leaving the set inverted.
Verse 3  Arm right and left.
Chorus 3 Man 1 change places with lady 2. Man 2 change with lady 1; while man 3 changes with lady 3.
      Man 1 change with lady 3. Man 3 changes with lady 1 as man 2 changes with lady 2; (couple 3 immediately moves down on the outside into 3rd place; while couple 2 moves up the middle into 2nd place). Set and turn single. Again.

Milke-Mayds Bobb (4 couples in a line) (Playford 1651)
Verse 1  Lead a double up the hall. Double back (2x)
Chorus 1 Couples 1 & 2 a (slow) hay starting right shoulders with partner while couples 3 & 4 as much
Verse 2  Side right, side left.
Chorus 2 Couple 1 slips between couple 2 while 3 as much between couple 4. Change places with partner.
      All that again (to places). Set and turn single. Again.
Verse 3  Arm right, arm left.
Chorus 3 Man 1 change by right hand with lady 2 while man 3 as much with lady 4. Man 2 change places with lady 1 while lord 4 as much with lady 3. All that again back to places.

New Boe Peep (couples in a line) (Playford 1651)
Verse 1  Forward and back a double (2x)
Chorus A  Women double away from the partner facing out
      Men follow and peep over your partners alternate shoulders 4 times both double back to your place and turn single
Chorus B  As Chorus A but the men start by doubling away from their partner
Verse 2  Side right and left.
Chorus C  Couple 1 moves down the center below couple 2 using 4 sideways steps
      Couple 1 push couple 2 angled out; Turn couple 2 in
      Push couple 2 angled in; Turn couple 2 out (couple 2 ends in couple 1's place)
      Couple 1 turn for 8 counts (moving down below couple 3)
      Repeat pushing for couples 3 & 4
Verse 2  Side right; Side left; Set & turn single (2x)
Chorus 2  Form a line (one at a time) with double into the center - first man starts, then first lady, then second man, etc. (men face up, ladies face down)
Verse 3  Arm right and left with partner

**Hyde Park** (square set of 4 couples)  (Playford 1651, LOD v1 & n1)
Verse 1  1st and 3rd couples forward and back a double
2nd and 4th couples the same
Chorus 1  1st and 3rd men take partners with both hands, slip into center to meet
1st man and 3rd woman join hands, slip out between the 4th couple and cast to place while 3rd man
and 1st woman do likewise
2nd and 4th couples repeat the chorus
repeat verse 1
Chorus 2  2nd and 4th couples take hands with partner, turn halfway and make an arch
1st and 3rd couples face their partner, pass right shoulders to go outside the set, around the arches,
go under the arches and return to place, ending improper
1st and 3rd couples take hands, turn halfway and make an arch (proper position)
2nd and 4th couples repeat Chorus 2 ending proper
repeat verse 1
Chorus 3  men pass in front of their partners, behind the next woman etc, weaving CCW around back to
place
Women weave the square CCW starting by passing in front of their partner

**Jenny Pluck Pears (3 couples in a circle)**  (Playford 1651)
Verse 1  Slide left (8 counts); Set & turn single; Slide right (8 counts);Set & turn single
Chorus 1  First man turns lady into center; Second man does same;
Third man does same; All reverence
Men skip around left (16 counts), then right (16 counts)
First man turns lady back to place center; Second man does same;
Third man does same; All reverence
Verse 2  Side right; Set & turn single; Side left; Set & turn single
Chorus 2  Same as chorus 1, except Ladies turn men in and skip around
Verse 3  Arm right; Set & turn single; Arm left; Set & turn single
Chorus 3  Same as chorus 1

**Lord of Carnavan’s Jegg (4 couples in a line)**  (Playford 1651)
Part 1  Forward and back a double (2x); Do-Si-Do with partner (2x)
Part 2  Couple 1 cross over & go behind couple 2 into their place (on partner’s side)
Couple 1 cross over & go behind couple 3 into their place (on own side)
Couple 1 go between couple 4, cast off and lead line around; Arm right
(order from top to bottom is now C1, C4, C3, C2)
Repeat with couple 2 leading in other direction (order ends C3, C4, C1, C2)
Repeat with couple 3 leading in first direction (order ends C3, C2, C1, C4)
Repeat with couple 4 leading in other direction (order ends C1, C2, C3, C4)

**Love and a Bottle (line of couples - progressive)**  (Playford 17??)
Part A  Couple 1 take right hands and change places. Advance a double to man 2. All three join hands
and circle left around until man 1 returns to place.
Ladies 1 & 2 as much with man 2 back to places.
Part B  Man 1 & lady 2 turn right hands around. Lady 1 and lord 2 as much.
Man 1 and lady 2 meet a double. All turn partners left hands around to places.
Men kiss ladies hands, followed by ladies miming drinking with left hand.
Man 1 take lady 1’s right hand, then left hand. Change places. Couple 2 as much.
Couple 1 pass right shoulders and fall into 2nd place; while couple 2 moves into 1st place, turning
single. Kiss hands and mime as before.
Gracca Amorosa(for 1 couple facing without holding hands) (Caroso 1581)
The reconstruction is by Master Sion Andreas o wynedd (c. 1988).

A 1-2 Riverranza minima facing
3-4 Spezzato left & right in a wheel clockwise halfway
5-6 Spezzato left & right circling over left shoulder
7-8 4 Trabuchetti (lrlr) facing
B 1 Spezzato left to the left flank
2 1/2 Riverranza right *
3 Spezzato right to the right flank
4 1/2 Riverranza left *
Chorus

C 1-2 Spezzato left & right flanking backwards
3-4 3 Riprese & 1 Trabuchetto left turning the left flank in & travelling inward
5-6 Spezzato right & left flanking backwards
7-8 3 Riprese & 1 Trabuchetto right turning the right flank in & travelling inward

=====
A 1-4 4 Spezzati (lrlr) in a wheel clockwise full circle
5-6 4 Trabuchetti (lrlr) facing
7-8 Spezzato left & right circling over left shoulder
B 1-2 Scambiato left to the left flank
3-4 Spezzato right to the right flank
Chorus

===== 
A 1-2 Spezzato left & right man solo flanking forward
3-4 4 Trabuchetti (lrlr) facing
5-6 Spezzato left & right circling back over left shoulder
7-8 4 Trabuchetti (lrlr) facing
B 1 Passo left to the left flank
2 1/2 Riverranza right *
3 Passo right to the right flank
4 1/2 Riverranza left *
Chorus both man & lady

===== 
lady does same solo
Chorus both man & lady

===== 
A 1-2 Seguito ordinario left to the left flank
3 2 Riprese right facing
4 Trabuchetto right & left *
5-6 Seguito ordinario right to the right flank
7 2 Riprese left facing
8 Trabuchetto left & right *
B 1 Passo left (flankingly) forward
2 1/2 Riverranza right touching right hands
3 Passo right (flankingly) forward
4 1/2 Riverranza left touching left hands
Chorus


English Country

Chorus 1 all couples face partners
1st and 2nd couple back a double, forward a double
1st man and 2nd woman change places then 2nd man and 1st woman change places
1st couple and 2nd couple change places with their partner

Verse 2 side right, set and turn
side left, set and turn

Chorus 2 1st and 2nd couple circle left
1st couple slip down to 2nd couples place with 2 hands (2nd couple moves up to 1st couple’s home)
1st couple turn single

Verse 3 arm right, set and turn single
arm left, set and turn single

Chorus 3 1st and 2nd man change places by right hand, then 1st and 2nd women change by right hands
1st and 2nd couples right hand star once around

Half Hannigan (circle of couples) (Playford 1651)
Forward and back a double (2x)
Partners side right and left
Partners arm right once around
Partners arm left 1 1/2 times to pass on to new partner

The Health (4 couples in a line) (Playford 1651)
Verse 1 Lead a double up the hall, double back. Set and turn single (2x)
Chorus 1 Couples 1 & 4 meet a double, turn back to back (in center of set), cast off around couples 2 & 3 going into 2nd and 3rd places; while couples 2 & 3 move into 1st and 4th places.

Verse 2 (all join hands backwards) Circle 8 steps right (halfway round). Set and turn single As much again to the left.
Chorus 2 Couples 1 & 4 meet, turn back to back. (Join hands backwards) Circle around falling into 2nd and 3rd places; while couples 2 & 3 move into 1st and 4th. Couples 2 & 3 do as much.

Verse 3 Change places two hands with partner. Men 1 & 2 and men 3 & 4 change by both hands; while ladies do the same. Set and turn single. As much again back to places.
Chorus 3 Couples 1 & 4 meet a double, clap four times. Right hand star falling into 2nd & 3rd places; while couples 2 & 3 move into 1st and 4th places.

Half Hannigan (circle of couples) (Playford 1651)
Forward and back a double (2x)
Partners side right and left
Partners arm right once around
Partners arm left 1 1/2 times to pass on to new partner

Heart’s Ease (2 couples facing) (Playford 1651)
Verse 1 Double forward and back, double back. Set and turn single (2x)
Chorus (facing partner) Back away from partner and forward a double; Turn corner
(facing corner) Back away from corner and forward a double; Turn partner

Verse 2 Side right with your partner; Side left with your corner
Repeat Chorus

Verse 3 Arm right with your partner; Arm left with your corner
Repeat Chorus

Hit and Misse (2 couples facing) (Playford 1651)
Verse 1 Double towards corners and back (2x)
Chorus A Double in, take corner out a double, turn single and change hands double in, take partner backwards a double to place
Single hey: pass corner with right, partner with left, corner with right, partner with left

Verse 2 Side right and left with partner
then men double back into place
repeat with the women going in while the men circle

The Fryar and the Nun (a line of couples in pairs of couples) (Playford 1651)

Part A
Men double up the hall, turn single. Ladies as much.

Part B
Men double back, turn single. Ladies as much. All meet a double, change places with partner by right shoulders, change places with opposite by left, change places with partner by right

Part C
Men turn 1.5 times changing places; while ladies as much. Both lines slip 4 small steps sideways to meet. All turn single to places. Form right hand stars and circle half, turn single. Change places with partner using 2 hands, turn single. Set is still inverted.

Repeat while progressing. Sit out one repeat at the end before entering to progress the other way.

Gathering Peascods (4 - 7 couples in a circle) (Playford 1651)

Verse 1 Slide left (8 counts); Turn single; Slide right (8 counts); Turn single
Chorus 1 Men slide in and circle (12 counts); Ladies do same
Men in & clap; Ladies in & clap (M out); Men in (L out) and circle out
Ladies in & clap; Men in & clap (L out); Ladies in (M out) and circle out

Verse 2 Side right with your partner; Turn single; Side left with your partner; Turn single
Chorus 2 Same as chorus 1, except Ladies do everything first
Verse 3 Arm right with your partner; Turn single; Arm left with your partner; Turn single
Chorus 3 Same as chorus 1

Glory of the West (2 couples facing) (Playford)

Verse 1 Forward and back a double (2x)
Chorus 1A Men double back while ladies turn single
Ladies double back while men turn single
Men switch places; Ladies switch places
Join hands and circle halfway (back to original places)

Chorus 1B Repeat Chorus 1A

Chorus 2B Hey for 4
All right hand star

Verse 3 Arm right with your partner; Arm left with your partner
Chorus 3A Men meet
Women meet and make arch with right hands
Men go through arch back to place and make arch with right hands
Women go through arch back to place

Chorus 3B Take right hands with corner and switch places
Take left hands with partner and switch places
Join hands and circle halfway; Fall into line and reverence the presence

Grimstock (3 couples in a line) (Playford 1651)

Verse 1 Forward and back a double; Set & turn single (2x)
Chorus 1 Switching - Couple 1 goes in between couple 2 and outside of couple 3
Couple 2 goes in & out; Couple 3 goes in & out (back to place)

Verse 2 Side right; Set & turn single; Side left; Set & turn single
Chorus 2 Arches - Couple 1 goes under couple 2's arch & arches over couple 3
Couple 2 goes under & over; Couple 3 goes under & over (back to place)

Verse 3 Arm right with your partner; Arm left with your partner
Chorus 3 Crossover Hey - Couple 1 cross over & Hey down the set (on partner's side)
Couple 1 crosses back at bottom of set & Hey up the set (on own side)

The Gun (4 couples progressive longways set) (Robynne the Grey, 1998) (Playford 1651)

Verse 1 Up and double and back, set and turn single (2x)
Leggiadra D’Amore (3 dancers, man between 2 women) (Il Ballarino 1581)
reconstruction by Urraca Yriarte de Gamboa Letter of Dance #11

Letter of Dance #11
Fain I Would (a square of 4 couples) (Playford 1651)
**Cuckolds All A Row (2 couples facing)**

(Playford 1651)

**Verse 1**
Forward and back a double (2x)

**Chorus 1**
Back-to-back corner; Gypsy comer
Back-to-back partner; Gypsy partner

**Verse 2**
Side right with your partner; Side left with your corner

**Chorus 2**
Men switch places; Ladies switch places; All join hands and circle left
Ladies switch places; Men switch places; All join hands and circle right

**Verse 3**
Arm right with your partner; Arm left with your comer

**Chorus 3**
Men push corner Lady 1 place; Men cast, All walk cw around set
Men push partner Lady 1 place; Men cast, All walk ccw around set

**Verse 2**
Side right with your partner; Side left with your comer

**Chorus 2**
Back-to-back corner; Gypsy comer
Back-to-back partner; Gypsy partner

**Dull Sir John (4 couples square set)**
[Robynne the Grey, 1993, rev. 1996]

(Playford 1651)

Each part is 32 measures

**Part 1**
1st couple in a double, cast out, thru side couple, and back to place
3rd couple repeats this, then the 2nd couple and finally the 4th couple

**Part 1-2**
1st and 3rd men change places, 1st and 3rd women change places
either circle left halfway to place or star right hand halfway to place

**Part 1-3**
2nd & 4th couples the same. Finish with 2nd & 4th men stand behind partners to form "gates"

**Part 2**
1st man goes thru gate on left into 3rd woman's position and 1st woman goes thru gate on her right
into the 3rd man's position while 3rd couple crosses over set into 1st couples position

**Part 2-2**
3rd couple returns by 3rd man following 1st woman's path thru gate and 3rd woman following 1st man's path while 1st couple crosses over the set to their original side

**Part 2-3**
The 2nd and 4th couples repeat this pattern, the 2nd couple leading thru the gates.

**Part 2-4**
1st and 3rd couples start a hey for 4 back to place, women passing first in the center
2nd & 4th couples repeat they hey.

**Part 3**
Men cast over left shoulder into next man's place. Women cast left one place. Men repeat, women repeat all finishing half way around the square.

**Part 3-2**
While the 1st man do-si-do with opposite 3rd woman the 1st woman do-si-do with opposite 3rd man.
1st couple pull by right hands with opposites, then 1st and 3rd pull by left hands with partner to place.

**Part 3-3**
2nd and 4th couples repeat the figure

**Epping Forest (circle of couples)**

(Playford 1670)

**Verse 1**
Circle 8 slip steps left, set and turn single
Circle 8 slip steps right, set and turn single

**Chorus**
Honor your partner and kiss
Honor your corner and kiss

**Verse 2**
Side right, set and turn single
Side left, set and turn single

**Sciolta in Saltarello**

(facing not holding hands)

**Verse 3**
Arm right, set and turn single
Arm left, set and turn single

**Repeat chorus**

**balletto RUSTICA AMOROSA (by Battistino) [Mistress Urracca]**

(Playford 1670)

This ought to be a dirt-simple dance since the verses are practically the same. However, I have difficulty hearing the beat in this music. I have to count "1 and 2 and ..." to avoid getting off. The phrasing in the backing away chorus doesn't seem to go well with the music [Homage to Amour].

<table>
<thead>
<tr>
<th>Beasts</th>
<th>Steps</th>
</tr>
</thead>
<tbody>
<tr>
<td>1-4</td>
<td>Riverenza facing (not holding hands)</td>
</tr>
<tr>
<td>5-8</td>
<td>Continenza left &amp; right</td>
</tr>
<tr>
<td>1-4</td>
<td>4 Riprese left</td>
</tr>
<tr>
<td>5-8</td>
<td>4 Riprese right</td>
</tr>
<tr>
<td>1-2</td>
<td>Passo Trangato left &amp; right flanking backward</td>
</tr>
<tr>
<td>3-4</td>
<td>Seguito Ordinario left forward</td>
</tr>
<tr>
<td>5-6</td>
<td>Passo Trangato right &amp; left flanking backward</td>
</tr>
<tr>
<td>7-8</td>
<td>Seguito Ordinario right forward</td>
</tr>
</tbody>
</table>

**Verse 2**
Side right, set and turn single
side left, set and turn single

**Repeat chorus**

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<tr>
<td>1-4</td>
<td>Seguito Ordinario left &amp; right progressing (holding ordinary hands)</td>
</tr>
<tr>
<td>5-8</td>
<td>Seguito Ordinario left &amp; right trading places passing right shoulders</td>
</tr>
<tr>
<td>1-4</td>
<td>4 Riprese left facing</td>
</tr>
<tr>
<td>5-8</td>
<td>4 Riprese right flanking forward</td>
</tr>
<tr>
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<tr>
<td>7-8</td>
<td>Seguito Ordinario right forward</td>
</tr>
</tbody>
</table>

**Verse 3**
Arm right, set and turn single
Arm left, set and turn single

**Repeat chorus**

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<td>7-8</td>
<td>Seguito Ordinario right forward</td>
</tr>
<tr>
<td>1-2</td>
<td>Riverenza facing (not holding hands)</td>
</tr>
<tr>
<td>3-6</td>
<td>4 Seguiti Spezzati turn over left shoulder &amp; end facing with more space between</td>
</tr>
<tr>
<td>7-9</td>
<td>Seguito Spezzato left forward</td>
</tr>
<tr>
<td>1-2</td>
<td>2 Represe left flanking forward</td>
</tr>
<tr>
<td>3-4</td>
<td>Trabuchetto LRL turning the left flank in &amp; traveling sideways toward each other</td>
</tr>
<tr>
<td>5-6</td>
<td>2 Represe right turning the right flank in</td>
</tr>
<tr>
<td>7-8</td>
<td>Trabuchetto LRL pivoting to face</td>
</tr>
<tr>
<td>1-2</td>
<td>Passo Trangato left &amp; right flanking backward</td>
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| 1-2 | Riverenza
16th C. Italian Dances

**Spagoletta Regulata (couples)** (Caroso & Negri)

**Verse 1**
- Reverance; 4 Spezati (starting with L); 4 Singles (starting with L)
- 2 Reprises L, Trebucetti L & R; Single L, Single R, Spezato L
- 2 Reprises R, Trebucetti R & L; Single R, Single L, Spezato R

**Chorus 1**
- Spezato L (left shoulder out), Spezato R (right shoulder out)
- Single L, Single R, Spezato L (moving back to partner)
- Spezato R (left shoulder out), Spezato L (right shoulder out)
- Single L, Single R, Spezato R (moving back to partner)

**Verse 2**
- Spezati L & R, Single L & R (moving in indiv. ccw circle)
- Reprise L, Trebucetto L (end offset from partner)
- Spezati R & L, Single R & L (moving in indiv. cw circle)
- Reprise R, Trebucetto R (end facing from partner)
- 2 Reprises L, Trebucetti L & R (partner offset)
- Single L, Single R, Spezato L (moving in indiv. ccw circle)
- 2 Reprises R, Trebucetti R & L (end facing partner)
- Single R, Single L, Spezato R (moving in indiv. cw circle)

**Chorus 2**
- Repeat first chorus (end hands joined, facing forward)

**Verse 3**
- Slow single L, Slow single R; Trebucetti L & R, Reprise L, Trebucetto L
- Slow single R, Slow single L; Trebucetti R & L, Reprise R, Trebucetto R
- (drop hands, face partner)
- 2 Reprises L, Trebucetti L & R; 3 Reprises L, Trebucetto L
- 2 Reprises R, Trebucetti R & L; 3 Reprises R, Trebucetto R

**Chorus 3**
- Reprise L, Trebucetto L (left shoulder out)
- Reprise R, Trebucetto R (right shoulder out)
- Spezati L & R (moving back to partner)
- Puntati L & R; Reverance

**English Country**

**Chestnut (3 couples in a line)** (Playford 1651)

**Verse 1**
- Forward and back a double (2x)

**Chorus 1**
- The men and women back away from each other in a double
- Switch places with your partner
- Men join hands, women join hands; Each group go around in a full circle
- Back again to your places

**Verse 2**
- Side right with your partner; Side left with your partner

**Chorus 2**
- The men and women back away from each other in a double
- Switch places with your partner
- First couple lead down between other couples. other couples follow, reversing the order of the line
- This back again, but the couple in last place cast off instead of leading between

**Verse 3**
- Arm right with your partner; Arm left with your partner

**Chorus 3**
- The men and women back away from each other in a double
- Switch places with your partner
- Men do half a hey, reversing the order, at the same time, women do the same
- Repeat heys, returning to place

**Coin of the Realm (4 couples in a circle)** (Dougal MacFinlay 20th C)

**Formation**
- The couples alternate as active and inactive

**Music**
- The Maid peeped out the Window (Playford)

**Verse 1**
- All holding hands double in and out (2x)

**Chorus**
- A couples exchanges places by right shoulder, turn to partner, pass by left (2x)
- I couples do the same

**Verse 2**
- Side right then left with partner

**Chorus**
- Men star right half way round, face woman, set and turn single (2x)
- Ladies left hand star half way, face partner, set and turn single (2x)

**Verse 3**
- Arm right then left with partner

**Chorus**
- Face partner, do a grand right and left hey with hands two times round

**Confesse His Tune (2 men in middle, 4 women in a longways set- W M W)** (Playford 1651)

**Verse 1**
- (each side joins hands) Meet a double, double back (2x)

**Chorus 1**
- each man goes between ladies on his left, leading them a double out, turn (change hands), meet a double, turn your opposite with 2 hands
- repeat again with partners (women on right)

**Verse 2**
- (turn to face left) double forward and back (2x)

**Chorus 2**
- Man #1 goes to center and invites any lady to join him
- The remaining 4 join hands and circle left. All return to their places.
- Man #2 as much with a different lady.

**Verse 3**
- (turn to face right) double forward, double back (2x)

**Chorus 3**
- ladies double out, while men double to their left, all double back to place, ladies join hands and circle while the men turn single - all double out as before, men join hands and circle while the women turn single

**Verse 4**
- same as verse 1 [(each side joins hands) Meet a double, double back (2x)]

**Chorus 4**
- men lead left hand lady out, change hands and double back in while the other 2 ladies go around the outside and come back under the couple’s arms. Turn partner (2 odd ladies form a couple).
- All that again with the men starting with their right hand lady.
At the same time, the women do half a hey
Repeat the doubles and the hey to return everyone to their places

**Black Nag** (3 couples in a line)  
(Playford 1665, 1670?)

**Verse 1**  Forward and back a double (2x)

**Chorus 1**  Slip up the line (couple 1, then couple 2, then couple 3); All turn single
Slip back down the line (couple 3, then couple 2, then couple 1); All turn single

**Verse 2**  Side right with your partner; Side left with your partner

**Chorus 2**  M1 and L3 switch back to back, then M3 and L1, then M2 and L2; All turn single
M1 and L3 return, then M3 and L1, then M2 and L2; All turn single

**Verse 3**  Arm right with your partner; Arm left with your partner

**Chorus 3**  Men’s Hey; then Lady’s Hey

**The Bonny Bonny Broome** (4 couples longways)  
[Robynne the Grey, 1998]  
(Playford 1651)

**Verse 1**  Up a double and back
1st & 3rd couples followed by 2nd & 4th respectively, cast out and up one position then back to place
all face down, down a double and back
2nd and 4th couples followed by 1st & 3rd cast out and up one position then back to place

**Chorus 1A**  1st & 3rd couples in a double and back (towards each other) and circle left once to place
1st & 3rd couples in a double and back (towards each other) and circle left once to place

**Chorus 1B**  2nd & 4th couples face each other on the inside of the set
2nd & 4th couples face each other on the inside of the set

**Verse 2**  Side right, set and turn single
Side left, set and turn single

**Chorus 2A**  1st & 2nd men and 1st & 2nd women change places at the same time
3rd & 4th men and 3rd & 4th women change places at the same time
All set and turn single to their partners

**Chorus 2B**  Repeat the above changes, returning to original positions. All set and turn single.

**Verse 3**  Arm right, set and turn single.
Arm left, set and turn single.

**Chorus 3A**  All face out of set, grasp hands: couple at ends, 2nd & 3rd men, 2nd & 4th women; all couples out
a double, face in, in a double, circle left halfway to home.

**Chorus 3B**  All couples repeat the Same: Out a double. Face in, in a double. Circle left halfway to home.

**Cherily and Merrily** (4 couples longways)  
[Robynne the Grey, 1998]  
(Playford 1651)

**Verse 1**  Up and double and back (2x), Set and turn single (2x)

**Chorus A**  2nd man and 3rd woman change places
3rd man and 2nd woman change places
while 1st & 3rd couples circle left the 2nd & 4th couples circle left

**Chorus B**  2nd man and 3rd woman change places
3rd man and 2nd woman change places
while 1st & 2nd couples circle left the 3rd & 4th couples circle left

**Verse 2**  side right, side left, set and turn single (2x)

**Chorus A**  1st & 5th couples face each other inside the set
1st & 5th couples in a double, circle left while 2nd & 3rd couples move into 1st & 4th couples places

**Chorus B**  2nd & 3rd couples face each other inside the set
2nd & 3rd couples in a double, circle left while 1st & 4th couples move into their original places

**Verse 3**  arm right, arm left, set and turn single (2x)

**Chorus A**  Men circle left once while women circle left once

**Chorus B**  men hey on their side of the set while women hey on their side of the set

**Villanella** (one or more couples)  
(Ill Ballarino 1581)

**Verse 1**  (Facing head of hall, holding usual hands)
Rx; Con L & R
2 Seg forward (L & R)
Con L, 2 Rip R
2 Pas (L & R), Seg L
2 Pas (R & L), Seg R
Con L, 2 Rip R; Rx

**Verse 2**  M trace semi-circle around W with: 2 Pas (L & R), Seg L; 2 Pas (R & L), Seg R
(Facing partner, taking R hands) Both: Con L, 2 Rip R; Rx
W trace semi-circle around M with: 2 Pas (L & R), Seg L; 2 Pas (R & L), Seg R
(Facing partner, still holding R hands) Both: Con L; 2 Rip R; then Rx

**Verse 3**  2 Spez (L & R) while changing places holding R hands
2 Spez (L & R) releasing hands, curling to the L
Con L, 2 Rip R; Rx
2 Spez (L & R) while changing places holding L hands
2 Spez (L & R) releasing hands, curling to the R
Con L, 2 Rip R; Rx

**Steps:**
Bransle - shift weight slowly to side and back to center
Continenza - A step to the side and close in a full bar of music. Rise up on the ball of the foot as you step to the side, and sink down as you close with the other foot
Corinto - 3 reprises, followed by a trebucetto in the same direction
Double (Seguito ordinario) - three steps, styling varies from dance to dance
Ordinario - 2 singles and a spezzato
Passo - single
Puntata (Puntata Grave) - Step onto left foot. *Stab* right toe into the ground near the left heel, and lift the left heel off the ground. Lower left heel back down.
Reverance (ladies) - wait 2 counts, on 3 bend knees slightly, on 4 rise and back up
Reverance (men) - move left foot forward, sweep left foot back, shift weight onto back leg with knee bent, straighten back leg back gracefully into standing position
Ripresa - A step to the side and close. Done like the Continenza, but twice as fast
Seg - Seguito ordinario - three steps, styling varies from dance to dance
Single/step - step lightly and carry through (do not close)
Spezzato - 3 steps on the balls of the feet, with an undercut on the second step
Trebucetto - small jump sideways onto ball of foot
**Villanella (one or more couples) [Mistress Urracca]**

(I Ballarino 1581, p. 41)

A 1-4 Riverenza holding ordinary hands
5-8 Continenza left & right
A 1-4 Seguito Ordinario left & right progressing
5-8 Continenza left
7-8 2 Riprese right
B 1-2 Seguito Ordinario left holding ordinary hands
3-4 2 Riprese right
5-6 Step right & left
7-8 Seguito Ordinario right
B 1-2 Continenza left
3-4 2 Riprese right
5-8 Riverenza

-----------------------------
A 1-2 Step left & right man solo, going in front of the lady to her right side
3-4 Seguito Ordinario left both, holding right hands
5-8 2 Riprese right
B 1-2 Step left & right lady solo, going in front of the man to his right side
3-4 Seguito Ordinario left both, holding ordinary hands
5-8 2 Riprese right

B 1-2 Seguito Spezzato left (& right) holding right hands, changing places
3-4 Seguito Spezzato (left & right) curling to the left
5-6 Seguito Spezzato left (& right) holding left hands, changing places
7-8 Seguito Spezzato (left & right) curling to the right
B 1-2 Continenza left holding ordinary hands
3-4 2 Riprese right
5-8 Riverenza

**English Country**

_A Fine Companion (4 couples in a circle) (Playford 1651)_

**Verse 1** Forward and back a double; Set & turn single (2x)
Chorus 1 Men step in 2 and out 2; Ladies step in 2 and out 2; Men circle 8 cts
Ladies step in 2 and out 2; Men step in 2 and out 2; Ladies circle 8 cts
Verse 2 Side right; Set & turn single; Side left; Set & turn single
Chorus 2 Heads step in 2 and out 2; Sides step in 2 and out 2; Heads circle 8 cts
Sides step in 2 and out 2; Heads circle 8 cts
Verse 3 Arm right; Set & turn single; Arm left; Set & turn single
Chorus 3 Men into center and face out (2 cts); Ladies circle outside for 12 cts
Men back to place (2 cts)
Repeat putting Ladies into center & Men circling

**All in a Garden Green (All in a Garden White) (3 couples in a line) (Playford 1651)_

**Verse 1**: Forward and back a double; Set & turn single (2x)
Chorus 1 First man shakes right hands with first lady
First man shakes left hands with second lady
First man and third woman take left hands, then right hands
They kiss right cheeks then left, and turn two hands around
First man shakes right hands with third lady
First man shakes left hands with second lady
First man and first woman take left hands, then right hands
They kiss right cheeks then left, and turn two hands around
Verse 2: Partners Side right; Set & turn single; Partners Side left; Set & turn single
Chorus 2: The same as Chorus 1, except the first woman dances with the men
Verse 3: Partners Arm right; Set & turn single; Partners Arm left; Set & turn single
Chorus 3: The same as Chorus 1

**Argeers (2 couples facing) (Playford 1651)_

**Verse 1**: Corners join hands, slip out 2 & back 2; Turn corner ½; Turn partner ½
Forward a double; Turn corner ½; Turn partner ½
Chorus 1: Men switch places; Ladies switch places; Set & turn single
Ladies switch places; Men switch places; Set & turn single
Verse 2: Lead corner out and back a double; Turn partner
Back and forward a double; Set & turn single
Chorus 2: Men slip R, ladies slip L (men inside); Slip back (ladies inside); Turn corner
Ladies forward and back a double (toward each other); Men do 8 ct single hey
Verse 3: Men push corner back 2 ct; Slip to man’s right 4 ct; Fall back 2 ct; Set & turn
Men slip L, ladies slip R (men inside); Men push ladies back 2 ct; Fall back 2 ct;
Chorus 3: Man 1 & Lady 2 cast off & lead into partner’s place; Cast again back to place
Men begin a single hey for 4, do half the hey; Turn your partner; Fall back into line of 4 and reverance to presence

**Beggar Boy (3 couples in a line) (Playford 1651)_

**Verse 1**: Forward and back a double (2x)
Chorus 1: Couples 1 and 3 back away from your partner and double back to place
At the same time, couple 2 double toward your partner and back to place
Men take hands in a circle, and women take hands in a circle
Each circle turn halfway around to reverse the order of the line
Repeat the doubles and the circles to return everyone to their places
Verse 2: Partners side right and left
Chorus 2: Men 1 and 3 switch places while Women 1 and 3 switch places, in two doubles
At the same time, couple 2 double back away from your partner and forward
The first four go a full circle around while couple in last place set & turn single
Repeat the doubles and the circles to return everyone to their places
Verse 3: Partners arm right and left
Chorus 3: All back away from your partner and double back to place
The men do half a hey to reverse the order of the line